

## HATCH END - HARROW TRIATHLON RESULTS 2009 - Adults

Position	Bib No	Name	Gender	Category	club	Swim	T1	Bike	T2	Run	Overall
1	238	CLARK SCHOFIELD	Male	30-34	HILLINGDON TRI	00:05:21	00:00:57	00:28:20	00:00:19	00:11:52	00:46:52
2	243	PATRICK BROWN	Male	30-34		00:06:11	00:00:59	00:29:08	00:00:19	00:12:01	00:48:41
3	241	DAVID SAVORY	Male	20-24	D3 TRIATHLON	00:05:27	00:01:13	00:31:30	00:00:26	00:11:28	00:50:06
4	162	PETER COTTINGHAM	Male	45-49		00:07:26	00:01:09	00:28:57	00:00:37	00:12:30	00:50:42
5	222	KEVIN DRAPER	Male	40-44		00:06:51	00:01:07	00:30:48	00:00:31	00:12:33	00:51:52
6	155	IAN GOULD	Male	40-44	HILLINGDON TRI	00:08:44	00:01:07	00:29:36	00:00:27	00:12:44	00:52:41
7	239	ADAM PERCIVAL	Male	17-19	D3 TRIATHLON	00:05:38	00:01:01	00:31:00	00:00:35	00:14:24	00:52:41
8	218	ROBERT COXHEAD	Male	45-49	MET POLICE TRI	00:06:07	00:01:07	00:31:27	00:00:26	00:13:50	00:53:00
9	223	JEAN NIDO	Male	50-54	DOUAI	00:06:54	00:01:15	00:30:50	00:00:45	00:13:17	00:53:03
10	182	MATTHEW SAVORY	Male	20-24	D3 TRIATHLON	00:07:17	00:01:23	00:32:09	00:00:37	00:12:21	00:53:50
11	175	COLETTE O'NEILL	Female	40-44	HILLINGDON TRI	00:06:37	00:01:00	00:32:46	00:00:29	00:13:34	00:54:27
12	233	DAVID MICKLEWRIGHT	Male	40-44	HILLINGDON TRI	00:07:40	00:01:34	00:31:20	00:00:34	00:13:27	00:54:38
13	232	JACOB GLOOR	Male	45-49	HILLINGDON TRI	00:06:09	00:01:48	00:31:06	00:00:44	00:14:52	00:54:42
14	228	MATTHEW CAPP	Male	50-54	Jetstream	00:06:29	00:01:04	00:33:03	00:00:27	00:13:39	00:54:44
15	184	MARK HEANEY	Male	40-44		00:06:51	00:01:20	00:32:42	00:00:30	00:13:23	00:54:48
16	189	MATTHEW RUCK	Male	35-39		00:06:48	00:01:45	00:32:07	00:00:35	00:13:59	00:55:17
17	247	LANCE OWIDE	Male	17-19	Jetstream	00:04:37	00:00:59	00:35:39	00:01:14	00:13:03	00:55:34
18	226	MELISSA BRAND	Female	30-34		00:06:12	00:01:13	00:32:36	00:00:40	00:14:55	00:55:39
19	134	ANDREW YOUNG	Male	30-34	MET POLICE TRI	00:07:48	00:01:43	00:32:50	00:00:34	00:12:50	00:55:48
20	129	RICHARD BALDOCK	Male	25-29	THE VISHLORDS	00:05:59	00:02:02	00:33:59	00:00:45	00:13:13	00:56:01
21	236	GABY LAI	Female	17-19	D3 TRIATHLON	00:05:51	00:01:13	00:34:33	00:00:38	00:13:42	00:56:01
22	179	KEVIN KIM	Male	30-34		00:06:55	00:01:06	00:33:50	00:00:43	00:13:25	00:56:02
23	151	JULIAN HEHIR	Male	45-49		00:07:39	00:01:46	00:33:43	00:00:44	00:12:20	00:56:14
24	163	JAMES HARRAWAY	Male	30-34	THE VISHLORDS	00:06:31	00:01:25	00:32:41	00:00:35	00:15:00	00:56:15
25	156	STEPHEN MORRIS	Male	40-44	D3 TRIATHLON	00:08:26	00:01:49	00:32:25	00:00:42	00:12:52	00:56:16
26	224	DAVID CASEMODE	Male	35-39	DOUAI	00:07:12	00:01:35	00:32:32	00:01:07	00:13:57	00:56:25
27	171	ED DARNELL	Male	40-44	HILLINGDON TRI	00:07:52	00:01:43	00:32:13	00:00:52	00:13:57	00:56:40
28	225	PIERRE TELLE	Male	55-59	DOUAI	00:07:20	00:01:24	00:33:07	00:00:53	00:14:12	00:56:58
29	215	NICHOLAS WILSON	Male	35-39	HILLINGDON TRI	00:07:06	00:01:28	00:34:31	00:00:32	00:13:30	00:57:11
30	104	GARY EMPSON	Male	40-44		00:07:09	00:02:39	00:32:44	00:00:59	00:13:49	00:57:24
31	177	ANDREW TRAUBE	Male	30-34	HILLINGDON TRI	00:06:53	00:01:40	00:33:40	00:00:49	00:14:34	00:57:38
32	213	SARAH PERCIVAL	Female	45-49	D3 TRIATHLON	00:07:23	00:01:18	00:33:39	00:00:44	00:14:35	00:57:41
33	219	TOM RICHARDS	Male	30-34		00:06:46	00:01:43	00:33:26	00:00:48	00:15:00	00:57:45
34	231	DEDE SINGH	Male	45-49		00:06:03	00:01:29	00:34:52	00:00:44	00:14:55	00:58:06
35	212	NICOLE OH	Female	30-34		00:06:49	00:01:16	00:33:32	00:00:45	00:15:56	00:58:21
36	48	JONATHAN MARTIN	Male	30-34	THE VISHLORDS	00:07:47	00:01:46	00:33:47	00:01:03	00:14:01	00:58:27

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Position	Bib No	Name	Gender	Category	club	Swim	T1	Bike	T2	Run	Overall
37	211	DAVID GOODENOUGH	Male	45-49	Jetstream	00:07:42	00:01:18	00:34:32	00:00:35	00:14:28	00:58:38
38	240	HANNAH KITCHEN	Female	17-19	Jetstream	00:05:38	00:01:09	00:37:31	00:00:42	00:13:45	00:58:49
39	118	TOM RYMER	Male	30-34		00:08:02	00:01:43	00:35:00	00:00:19	00:13:50	00:58:57
40	183	GUY DAUNCEY	Male	35-39		00:07:31	00:01:30	00:35:19	00:00:41	00:13:58	00:59:02
41	28	IAN JACKSON	Male	40-44		00:10:03	00:01:24	00:32:40	00:00:37	00:14:18	00:59:04
42	230	ROSE METALLI	Female	50-54		00:06:24	00:01:09	00:35:48	00:00:34	00:15:06	00:59:04
43	193	TREVOR DORRELL	Male	35-39		00:06:30	00:01:51	00:35:23	00:01:03	00:14:17	00:59:06
44	165	TIM BOYALL	Male	35-39	MET POLICE TRI	00:08:38	00:01:23	00:33:49	00:00:42	00:14:34	00:59:07
45	204	ALEC JONES	Male	45-49		00:07:22	00:01:55	00:34:22	00:01:05	00:14:52	00:59:38
46	187	PETER ROSS	Male	45-49		00:06:52	00:02:38	00:34:48	00:01:26	00:14:24	01:00:10
47	124	SYLVIA ROSS	Female	40-44		00:07:38	00:01:51	00:34:06	00:00:36	00:16:05	01:00:18
48	100	PETER STAWOWSKI	Male	35-39		00:08:26	00:01:59	00:35:05	00:00:42	00:14:29	01:00:44
49	188	PAUL GARDNER	Male	50-54	HILLINGDON TRI	00:07:36	00:01:19	00:34:04	00:00:43	00:17:02	01:00:46
50	229	GEMMA TUNE	Female	25-29	EAST ESSEX TRI	00:06:25	00:01:35	00:37:23	00:00:32	00:14:49	01:00:47
51	216	MARK ASHWELL	Male	40-44	Jetstream	00:06:39	00:01:32	00:37:51	00:00:36	00:14:20	01:01:01
52	139	SAM FILBURN	Male	30-34		00:07:37	00:02:28	00:35:54	00:00:54	00:14:22	01:01:16
53	137	KEVIN CONCANNON	Male	50-54	Jetstream	00:08:59	00:01:58	00:36:22	00:00:47	00:13:09	01:01:18
54	168	MARTINE LAI	Female	50-54	D3 TRIATHLON	00:08:15	00:01:52	00:34:54	00:00:51	00:15:27	01:01:20
55	191	TREVOR BAILEY	Male	45-49		00:07:36	00:02:21	00:34:23	00:01:22	00:15:39	01:01:24
56	172	PHILIPPA DAVIES	Female	40-44		00:08:29	00:01:18	00:37:23	00:00:23	00:13:58	01:01:33
57	116	DAMIAN NEVINS	Male	25-29	Jetstream	00:10:57	00:02:21	00:37:09	00:00:21	00:10:48	01:01:39
58	214	ROB AMBRIDGE	Male	40-44	EAST ESSEX TRI	00:06:34	00:02:15	00:37:15	00:01:00	00:14:54	01:02:01
59	235	ANDREW EDIS	Male	40-44		00:06:10	00:01:29	00:36:10	00:00:49	00:17:29	01:02:10
60	119	PATRICK WICKSON	Male	30-34		00:08:45	00:02:17	00:37:47	00:00:25	00:13:17	01:02:33
61	180	ALAN KIM	Male	30-34		00:07:44	00:01:55	00:37:16	00:00:59	00:14:37	01:02:33
62	217	NICOLA WADHAM	Female	45-49	KINGSTON WHEELERS	00:07:43	00:01:23	00:35:12	00:00:49	00:17:31	01:02:40
63	166	SCOTT STOBA	Male	25-29		00:08:25	00:02:15	00:36:44	00:01:06	00:14:09	01:02:41
64	150	GARY MACDOUGALL	Male	50-54	D3 TRIATHLON	00:07:36	00:01:37	00:35:47	00:00:53	00:16:49	01:02:44
65	132	TIM LACEY	Male	30-34		00:08:41	00:02:04	00:35:46	00:01:00	00:15:14	01:02:49
66	220	GEMMA RIDDELL	Female	25-29	HILLINGDON TRI	00:06:32	00:01:49	00:37:58	00:00:48	00:15:43	01:02:53
67	120	TONY TAYLOR	Male	40-44		00:09:15	00:01:44	00:35:07	00:00:33	00:16:26	01:03:08
68	237	CHRISTINE MEEK	Female	50-54	HILLINGDON TRI	00:07:19	00:02:05	00:38:23	00:00:44	00:14:47	01:03:22
69	206	PERNILLE HANSEN	Female	35-39		00:07:13	00:01:41	00:37:44	00:01:04	00:15:41	01:03:26
70	221	LESLEY BURCHETT	Female	45-49	HILLINGDON TRI	00:06:08	00:02:14	00:39:06	00:00:42	00:15:16	01:03:29
71	234	CHRIS HACKING	Male	45-49		00:06:08	00:02:41	00:38:02	00:01:04	00:15:48	01:03:45
72	140	TED FRASER	Male	50-54		00:09:08	00:02:02	00:37:35	00:01:04	00:14:06	01:03:59

## HATCH END - HARROW TRIATHLON RESULTS 2009 - Adults

Position	Bib No	Name	Gender	Category	club	Swim	T1	Bike	T2	Run	Overall
73	136	ROBBIE CAPP	Male	17-19	Jetstream	00:07:38	00:02:14	00:38:11	00:00:31	00:15:24	01:04:00
74	135	DANIEL CHURCHMAN	Male	17-19		00:07:52	00:01:36	00:38:15	00:00:21	00:16:05	01:04:12
75	244	MATTHEW MURPHY	Male	30-34		00:05:08	00:01:25	00:37:19	00:00:42	00:19:42	01:04:18
76	195	BABS VAN GILST	Female	40-44		00:07:27	00:01:59	00:36:44	00:00:58	00:17:10	01:04:19
77	138	MAX ROWLAND	Male	50-54		00:08:54	00:03:21	00:35:29	00:00:59	00:15:43	01:04:27
78	126	MIKE GREEN	Male	60-64		00:08:28	00:01:36	00:37:14	00:00:52	00:16:14	01:04:28
79	209	ANDREW MORLEY	Male	40-44		00:09:52	00:01:50	00:35:59	00:01:02	00:15:44	01:04:29
80	41	ALASTAIR PATRICK	Male	30-34		00:09:40	00:02:30	00:36:39	00:00:24	00:15:14	01:04:30
81	130	ANDREW MACDOUGALL	Male	20-24	D3 TRIATHLON	00:07:32	00:02:46	00:37:45	00:01:06	00:15:24	01:04:36
82	33	IAN WRIGHT	Male	45-49		00:12:04	00:01:48	00:37:38	00:00:17	00:12:49	01:04:38
83	152	KAREN BARKSHIRE	Female	40-44		00:07:44	00:01:34	00:38:49	00:00:19	00:16:11	01:04:38
84	142	MICHELLE ASHWELL	Female	35-39	Jetstream	00:08:36	00:01:43	00:36:16	00:00:42	00:17:34	01:04:53
85	178	PETER MCDERMOTT	Male	45-49	Jetstream	00:09:15	00:01:35	00:37:32	00:00:37	00:16:07	01:05:09
86	227	KATJA LAMPING	Female	30-34		00:06:59	00:02:03	00:38:50	00:00:30	00:16:46	01:05:10
87	203	JOHN JOWERS	Male	55-59	GREEN TEAM	00:09:33	00:03:36	00:35:09	00:01:26	00:15:46	01:05:32
88	122	DARREN GLYNN	Male	40-44		00:09:24	00:02:14	00:39:03	00:01:00	00:13:50	01:05:35
89	146	DAVID ZERNY	Male	40-44		00:07:18	00:04:12	00:38:19	00:01:15	00:14:29	01:05:36
90	169	ROB PAYNE	Male	40-44		00:08:48	00:02:09	00:39:01	00:00:23	00:15:13	01:05:36
91	125	MARIANNE GIBSON	Female	40-44		00:10:25	00:02:24	00:38:15	00:00:21	00:14:15	01:05:43
92	86	LINDSAY SLAVIN	Male	45-49		00:09:52	00:01:51	00:35:57	00:00:55	00:17:17	01:05:56
93	186	JOHN TIGHE	Male	40-44		00:06:55	00:03:05	00:40:53	00:00:22	00:14:49	01:06:06
94	64	ALASTAIR SCARLETT	Male	35-39		00:09:10	00:02:08	00:37:51	00:00:18	00:17:04	01:06:34
95	85	CERIS JONES	Female	40-44		00:08:30	00:02:17	00:38:46	00:00:30	00:16:39	01:06:45
96	205	KEITH ROGERS	Male	45-49	D3 TRIATHLON	00:06:48	00:02:14	00:39:37	00:01:03	00:17:01	01:06:45
97	75	STEPHEN JENKINS	Male	45-49		00:09:18	00:02:22	00:35:45	00:01:16	00:18:03	01:06:46
98	78	MICHAEL BURBIDGE	Male	45-49		00:09:03	00:01:58	00:38:16	00:00:29	00:16:58	01:06:47
99	102	JON DOULTON	Male	50-54	Jetstream	00:09:23	00:01:34	00:38:14	00:00:18	00:17:29	01:07:00
100	202	SEBASTIAN JOWERS	Male	20-24	GREEN TEAM	00:08:32	00:02:26	00:39:28	00:00:29	00:16:07	01:07:05
101	190	PAULINE FISCHER	Female	50-54		00:07:53	00:02:25	00:40:29	00:00:50	00:15:31	01:07:11
102	27	RAFAT AHMAD	Male	35-39		00:11:05	00:02:09	00:37:30	00:00:28	00:15:59	01:07:13
103	71	PETER BARKER	Male	35-39		00:07:24	00:02:42	00:37:56	00:01:36	00:17:38	01:07:19
104	161	MICHELE WALSH	Female	35-39		00:06:46	00:03:01	00:41:28	00:00:39	00:15:25	01:07:21
105	61	DAVE WARD	Male	45-49		00:09:44	00:02:30	00:38:14	00:00:37	00:16:17	01:07:25
106	127	ANNE CRAIG	Female	50-54		00:08:23	00:02:24	00:38:09	00:00:33	00:18:03	01:07:35
107	92	NICOLAS MENU	Male	35-39	DOUAI	00:07:26	00:02:20	00:42:35	00:00:22	00:15:02	01:07:48
108	80	CATHY COURT	Female	45-49		00:09:55	00:01:34	00:37:28	00:01:13	00:17:40	01:07:53

## HATCH END - HARROW TRIATHLON RESULTS 2009 - Adults

Position	Bib No	Name	Gender	Category	club	Swim	T1	Bike	T2	Run	Overall
109	46	RAY DANCER	Male	50-54		00:09:08	00:03:07	00:39:00	00:00:36	00:16:13	01:08:07
110	154	JOHN BUTLER	Male	40-44		00:08:26	00:02:28	00:40:45	00:01:04	00:15:28	01:08:14
111	18	MORRIS LANE	Male	55-59		00:13:27	00:02:29	00:37:46	00:01:00	00:13:36	01:08:20
112	63	DENIS FOXLEY	Male	60-64		00:11:59	00:03:32	00:37:39	00:00:31	00:14:43	01:08:27
113	50	PAUL RATCLIFFE	Male	50-54		00:09:33	00:02:08	00:41:54	00:00:28	00:14:36	01:08:41
114	113	KATHRYN WOOF	Female	30-34		00:08:10	00:02:23	00:42:13	00:00:18	00:15:35	01:08:41
115	79	ELIZABETH DANIEL	Female	45-49		00:08:08	00:01:58	00:39:25	00:01:07	00:18:02	01:08:42
116	72	DAVID RALPH	Male	35-39		00:08:58	00:02:24	00:40:20	00:00:54	00:16:05	01:08:44
117	210	MARIA BANNON	Female	45-49		00:07:33	00:02:14	00:41:37	00:00:57	00:16:41	01:09:04
118	62	STEVE MONTI	Male	45-49		00:09:21	00:02:44	00:39:58	00:00:40	00:16:19	01:09:05
119	198	MATTHEW PEEL	Male	20-24	GREEN TEAM	00:09:21	00:03:39	00:38:02	00:01:19	00:16:52	01:09:16
120	123	TIM STONE	Male	45-49		00:09:25	00:02:52	00:38:33	00:00:46	00:17:40	01:09:18
121	77	ANDREW LOVELESS	Male	40-44		00:08:36	00:01:52	00:41:00	00:00:26	00:17:30	01:09:27
122	54	PETER CARROLL	Male	40-44		00:11:17	00:01:53	00:40:39	00:00:32	00:15:09	01:09:33
123	31	RACHEL COOPER	Female	25-29		00:09:07	00:02:57	00:38:03	00:00:46	00:18:47	01:09:42
124	52	GRAHAM JACK	Male	50-54		00:10:42	00:02:24	00:39:27	00:00:30	00:16:39	01:09:44
125	30	PAUL AUSTIN	Male	50-54		00:10:28	00:03:03	00:37:51	00:01:47	00:16:42	01:09:53
126	42	CHRIS DAVID	Male	50-54		00:09:17	00:02:02	00:39:53	00:01:16	00:17:31	01:10:03
127	90	STEPHEN GOWER	Male	50-54		00:08:35	00:02:56	00:38:56	00:01:28	00:18:15	01:10:13
128	207	CLAIRE GEORGE	Female	30-34		00:06:33	00:03:16	00:43:57	00:00:35	00:15:51	01:10:15
129	181	HELEN STONE	Female	40-44		00:07:32	00:01:43	00:41:09	00:00:50	00:19:02	01:10:19
130	133	TIM JONES	Male	25-29		00:10:04	00:02:20	00:43:56	00:00:29	00:13:32	01:10:24
131	106	YVONNE FRENCH	Female	45-49		00:08:47	00:01:57	00:40:20	00:01:00	00:18:27	01:10:33
132	1	MICHAEL HARMAN	Male	40-44		00:13:35	00:02:24	00:37:03	00:01:06	00:16:37	01:10:48
133	60	CLARE MACMILLAN	Female	30-34	HILLINGDON TRI	00:10:15	23:58:58	00:35:47	00:00:53	00:24:54	01:10:49
134	159	DANNY GOLDMAN	Male	40-44		00:09:22	00:02:46	00:40:12	00:01:37	00:16:56	01:10:55
135	196	GREG SMYTHE	Male	17-19	GREEN TEAM	00:08:22	00:02:18	00:45:09	00:00:41	00:14:28	01:11:01
136	36	YVETTE JOHNSTON	Female	40-44	MET POLICE TRI	00:10:06	00:02:43	00:42:17	00:00:24	00:15:39	01:11:11
137	3	MARK NICHOLS	Male	55-59		00:13:33	00:01:34	00:37:57	00:00:59	00:17:12	01:11:18
138	201	JAKE FOX	Male	20-24	GREEN TEAM	00:13:40	00:03:12	00:37:50	00:01:08	00:15:26	01:11:18
139	128	EMMA WEBSTER-NEWMAN	Female	30-34		00:07:40	00:03:14	00:42:28	00:00:40	00:17:15	01:11:19
140	103	LIZ DOULTON	Female	45-49	Jetstream	00:08:34	00:02:07	00:41:16	00:00:19	00:19:02	01:11:22
141	115	LEWIS JENKS	Male	17-19		00:09:33	00:03:31	00:43:13	00:00:21	00:14:50	01:11:30
142	131	LINDSAY DAVIES	Male	50-54		00:09:08	00:02:35	00:41:12	00:00:39	00:17:53	01:11:30
143	56	DEBBIE PEPPER	Female	40-44		00:10:40	00:01:50	00:39:44	00:00:52	00:18:29	01:11:37
144	76	RODERICK BURNS	Male	40-44		00:09:47	00:01:42	00:38:44	00:00:56	00:20:27	01:11:38

## HATCH END - HARROW TRIATHLON RESULTS 2009 - Adults

Position	Bib No	Name	Gender	Category	club	Swim	T1	Bike	T2	Run	Overall
145	67	GILLIAN WALKLATE	Female	45-49		00:10:36	00:03:10	00:41:36	00:00:43	00:15:33	01:11:40
146	91	DIANE ALDER	Female	45-49	HILLINGDON TRI	00:12:32	00:03:14	00:39:52	00:00:31	00:15:39	01:11:50
147	149	ANNE WHEELHOUSE	Female	50-54		00:07:32	00:03:05	00:43:58	00:00:47	00:16:47	01:12:12
148	174	MARTINE DAWSON	Male	50-54	KINGSTON WHEELERS	00:07:10	00:01:32	00:42:50	00:00:53	00:19:58	01:12:25
149	24	AMANDA COPAS	Female	25-29		00:10:17	00:02:38	00:40:27	00:01:03	00:17:58	01:12:27
150	96	NIGEL RIBEIRO	Male	30-34		00:08:52	00:02:18	00:44:53	00:00:26	00:16:27	01:12:57
151	173	PAUL MROZEK	Male	17-19		00:11:00	00:01:37	00:44:50	00:00:24	00:15:16	01:13:10
152	20	GRAHAM VANN	Male	40-44		00:08:58	00:03:24	00:40:12	00:01:11	00:19:43	01:13:30
153	199	DAVE PEEL	Male	50-54	GREEN TEAM	00:11:31	00:03:07	00:41:41	00:00:37	00:16:32	01:13:31
154	185	TIFFANY PRITCHARD	Female	35-39		00:09:14	00:03:24	00:43:48	00:00:38	00:16:27	01:13:35
155	158	JAMES BEESTON	Male	35-39		00:07:26	00:01:56	00:50:35	00:00:51	00:12:52	01:13:43
156	105	LEE LEWIS	Male	35-39		00:09:28	00:04:25	00:41:50	00:01:07	00:17:05	01:13:58
157	25	MARCUS JACKSON	Male	20-24		00:11:55	00:03:02	00:42:44	00:00:32	00:15:54	01:14:10
158	21	JAMES PARROTT	Male	30-34		00:08:48	00:02:12	00:38:18	00:01:25	00:23:34	01:14:20
159	143	COLIN WALKLATE	Male	40-44		00:07:48	00:02:40	00:43:21	00:00:59	00:19:41	01:14:31
160	2	CLIVE CULLEN	Male	40-44		00:16:37	00:03:44	00:39:09	00:00:36	00:14:26	01:14:35
161	57	DAVID CHURCHMAN	Male	45-49		00:11:40	00:01:55	00:40:38	00:00:32	00:19:46	01:14:35
162	197	NICHOLAS SMYTHE	Male	50-54	GREEN TEAM	00:09:47	00:02:47	00:42:52	00:00:42	00:18:44	01:14:53
163	110	MARIE HELLY	Female	45-49		00:09:47	00:02:37	00:43:57	00:00:38	00:18:48	01:15:50
164	45	STEVE WASS	Male	35-39		00:10:16	00:02:27	00:41:27	00:00:24	00:21:24	01:16:00
165	55	CARMEL BEARD	Female	50-54		00:09:27	00:03:08	00:45:34	00:00:50	00:17:01	01:16:03
166	117	BENEDICT MARET	Female	45-49	DOUAI	00:10:07	00:01:49	00:42:14	00:01:24	00:20:29	01:16:06
167	40	NICKY MUNDY	Female	40-44		00:10:06	00:02:08	00:43:06	00:00:31	00:20:23	01:16:17
168	89	KAREN CHURCHMAN	Female	40-44		00:09:02	00:02:35	00:45:15	00:00:56	00:19:01	01:16:51
169	176	FIONA HACKETT	Female	40-44		00:08:00	00:03:15	00:41:50	00:02:00	00:21:53	01:17:00
170	99	JAMES ROBERTSON	Male	45-49		00:09:43	00:02:48	00:47:50	00:00:32	00:17:32	01:18:29
171	194	MARGARET ANTHONY	Female	45-49	Jetstream	00:07:37	00:02:29	00:46:50	00:00:27	00:21:17	01:18:44
172	98	MARK ADLER	Male	50-54		00:08:53	00:03:13	00:42:21	00:01:06	00:23:15	01:18:51
173	144	MEREDITH MISTRY	Female	40-44		00:06:41	00:03:23	00:47:50	00:01:13	00:19:48	01:18:57
174	26	MANJIT DSAHOTA	Male	40-44		00:10:45	00:02:58	00:46:17	00:00:41	00:18:18	01:19:01
175	59	CARRIE MARTINDALE	Female	45-49		00:09:28	00:03:23	00:46:39	00:01:14	00:18:22	01:19:09
176	66	JAGDEEP DOSANJH-BADWAL	Female	40-44		00:09:18	00:03:18	00:45:53	00:01:08	00:20:26	01:20:06
177	19	BRIAN EWIN	Male	60-64		00:12:01	00:02:59	00:47:25	00:00:42	00:17:11	01:20:20
178	74	IAN PITT	Male	35-39		00:09:38	00:02:33	00:42:41	00:01:42	00:23:58	01:20:35
179	11	IAN SMART	Male	45-49		00:12:03	00:02:58	00:45:32	00:00:45	00:19:23	01:20:44
180	109	IAN ROBERTSON	Male	50-54		00:09:02	00:03:20	00:46:02	00:00:52	00:21:35	01:20:53

## HATCH END - HARROW TRIATHLON RESULTS 2009 - Adults

Position	Bib No	Name	Gender	Category	club	Swim	T1	Bike	T2	Run	Overall
181	58	TINA STRIDE	Female	45-49		00:11:34	00:03:25	00:46:41	00:01:24	00:17:47	01:20:54
182	107	JACK RATCLIFFE	Male	17-19		00:09:17	00:05:37	00:44:39	00:00:39	00:21:09	01:21:23
183	12	PADRAIC MCGUINN	Male	40-44		00:17:46	00:02:35	00:43:10	00:00:31	00:18:20	01:22:25
184	13	DONNA WINTER	Female	35-39		00:10:41	00:03:13	00:46:50	00:01:15	00:20:52	01:22:55
185	43	JACQUELINE MOIR	Female	40-44		00:10:06	00:02:19	00:49:14	00:00:42	00:20:45	01:23:09
186	108	JULIA ALLEN	Female	40-44		00:08:45	00:03:04	00:52:06	00:00:44	00:18:45	01:23:27
187	38	GRACE HOO-QUARTEY	Female	45-49		00:12:35	00:02:22	00:51:06	00:00:26	00:17:25	01:23:57
188	5	JACK CHARKHAM	Male	25-29		00:10:57	00:03:59	00:48:05	00:00:32	00:21:23	01:25:00
189	111	ANNA MACDOUGALL	Female	50-54	D3 TRIATHLON	00:08:35	00:03:27	00:54:54	00:00:53	00:17:16	01:25:08
190	32	JENNY BLAZEY	Female	40-44		00:10:19	00:02:02	00:52:32	00:00:38	00:19:46	01:25:19
191	141	TAMARA COLMAN	Female	25-29		00:07:08	00:04:43	00:50:43	00:00:57	00:22:32	01:26:06
192	69	NICKY BUTLER	Female	40-44		00:09:29	00:03:26	00:52:58	00:00:45	00:19:41	01:26:22
193	84	CAROL WESTON	Female	40-44		00:10:11	00:02:48	00:53:58	00:01:06	00:19:07	01:27:12
194	37	AMANDA MAYES	Female	35-39		00:13:01	00:02:28	00:51:19	00:00:44	00:19:49	01:27:24
195	82	ALEXANDRA WEST	Female	40-44		00:08:02	00:03:08	00:52:32	00:00:47	00:22:57	01:27:28
196	17	LISA LOVELESS	Female	40-44		00:11:22	00:02:38	00:47:41	00:00:31	00:25:15	01:27:29
197	35	KAVITA DULAI	Female	45-49		00:11:05	00:02:37	00:49:16	00:00:47	00:24:29	01:28:16
198	83	HENRY RATCLIFFE	Male	17-19		00:10:29	00:03:13	00:54:13	00:00:30	00:20:41	01:29:09
199	15	FIONA KELLY	Female	45-49		00:11:55	00:03:21	00:49:55	00:00:35	00:24:07	01:29:55
200	4	BEN CHARKHAM	Male	25-29		00:13:30	00:03:32	00:51:56	00:00:36	00:20:21	01:29:56
201	6	ALAN BROOKS	Male	55-59		00:14:07	00:03:13	00:49:51	00:00:50	00:22:48	01:30:51
202	23	CLAIRE GRIFFIN	Female	35-39		00:11:18	00:02:58	00:52:17	00:00:50	00:24:10	01:31:36
203	14	PHILIP WINTER	Male	45-49		00:11:55	00:05:18	00:49:53	00:01:44	00:22:57	01:31:50
204	7	ANDY WRIGHT	Male	45-49		00:12:32	00:05:27	00:50:31	00:01:11	00:24:10	01:33:54
205	93	JACQUES TILLEROT	Male	55-59	DOUAI	00:10:18	00:04:20	00:50:27	00:02:45	00:27:04	01:34:56
206	49	LEISA REID	Female	35-39		00:11:07	00:02:38	00:58:04	00:00:45	00:26:08	01:38:44
207	114	JOANNE MURPHY	Female	25-29		00:07:52	00:04:28	00:59:28	00:02:11	00:25:23	01:39:25
208	47	ELAINE QUINN	Female	60-64		00:10:05	00:06:55	00:53:19	00:01:52	00:27:49	01:40:03
209	97	KAREN TIGHE	Female	45-49		00:10:19	00:03:02	01:00:49	00:00:36	00:27:53	01:42:41
210	22	JOHN TUTTY	Male	50-54		00:10:45	00:03:15	01:09:40	00:00:58	00:18:58	01:43:38
211	170	ALISTAIR MIDDLEMIST	Male	35-39		00:07:48	00:02:16	01:09:52	00:00:26	00:23:40	01:44:05
212	95	SARAH DOKIC	Female	20-24		00:09:01	00:04:28	01:08:44	00:03:19	00:28:40	01:54:13
213	94	MARGARET DOKIC	Female	45-49		00:09:31	00:05:41	01:08:49	00:03:19	00:28:41	01:56:03